

them by, then, and with the help of the Lord, proceed to draw up a plan for the strong kind, the cenobites.

***I: De generibus monachorum***

**The Cenobitic Life**

8. The monks of the English Benedictine Congregation normally live a cenobitic life, either in the monastery of their profession or, in obedience to the Abbot, in one of its Dependent Monasteries. The Abbot must consult his Council before sending a monk to a Dependent Monastery. The Abbot may permit a monk to live for a time in another monastery of the Congregation, but he must consult his Council before allowing the monk to accept an office in that monastery.
9. The Abbot may, with the consent of his Council, send a monk to serve in one of the parishes entrusted to the care of the monastery (cf. Declaration 97 (c)).
10. The Abbot may, for good reason and with the consent of his Council and of the monk concerned, send a monk to serve as Chaplain to a monastic house; or to serve in a parish entrusted to the care of another monastery of the Congregation; or to live in a monastery which does not belong to the Congregation.
11. If a monk wishes to embrace the eremitical life, the Abbot may, with the consent of his Council, permit him to do so, either for a definite or for an indefinite period of time. The hermit monk must submit his rule of life to the Abbot for his approval, and he remains subject to the Abbot.
12. The Abbot may not permit a monk to live outside a monastic house, apart from the cases mentioned in Declarations 9-11, and without prejudice to the provisions of Declaration 100, except for a grave reason and with the consent of his Council. Such an absence is not to exceed one year, unless it be for reasons of health, studies or an apostolate to be exercised in the name of the monastery (cf. canon 665 § 1).
- 13.(i) If a member of the community has not been living in one of the situations described in Declarations 8 to 12 for more than a year, for reasons other than those listed in canon 665 §1, then the Abbot and his Council must consider whether it is opportune to initiate a process (canon 1718, cf. Canon 1336, §1, 2<sup>o</sup>) which might lead to the removal of the monk's chapter rights or to his dismissal (canon 697). If the Abbot decides not to initiate this process, this matter must be discussed annually while the situation of unlawful absence persists.
- (ii) (a) The Abbot shall have the power to require a monk to live outside the monastery where this is necessary for Safeguarding reasons. To exercise this power he must have taken appropriate