

Videolink Truth Project sessions

If you're deaf or hard of hearing and would like to take part in a video session with one of our Deaf facilitators please contact us to find out more.

Talking to us may help you decide, and it does not commit you to anything.

- Fill in the Get in touch form [here](#). One of the Truth Project team will get back to you by email. Or;
- Contact our service partner **SignHealth** [here](#). One of the SignHealth team will contact you by text, WhatsApp or video call to discuss your options and help you to fill in any forms.

When you have registered, we'll send you a confirmation letter giving you a bit of information about the people you'll meet in the session, and photos of them.

You can tell us if you'd prefer someone else – if, for example, you know one of the people or are concerned about them knowing someone you know.

Help and support

We know it's not easy to share experiences of child sexual abuse. If you think it would help you to prepare and feel comfortable about sharing your experience, you can use our support service. You can change your mind about using the service at any time, and opt in or out of it. The support can be offered by text, WhatsApp, video or email.

If you choose to use the service, your support worker will contact you four weeks before the session to talk about what support would be useful and how often you would like to be in contact.

They will then contact you just before the session to check how you are feeling and talk through what happens next. They can join you on the video call if you would find that helpful. After your session they can spend some time with you, and will contact you later by text, WhatsApp, video or email if you feel this would be helpful.

For more information, see our website: www.truthproject.org.uk/help-and-support.

Your Truth Project session

The session will take place using GoogleMeet which is a secure tool. We will send you a link; most people can click on it to join the session using a smartphone, tablet or a PC, but if not, you can download an app. Your confirmation letter will explain how to do this.



INDEPENDENT INQUIRY CHILD SEXUAL ABUSE

You can tell us as much or as little as you want about what happened to you. You can choose whether to give details such as names, places or dates.

You will not be questioned, challenged or judged.

Some people have talked about how sexual abuse has affected them. Others have described how they were let down by people or institutions such as social services or the police, when they told someone what was happening to them. Some people also choose to tell us about the physical and mental effects of the abuse they have suffered and how it has affected their chances in life.

Your privacy and security

All personal or sensitive information that you choose to share with us is securely stored and we only share it with those who need to see it. For more information about how we handle your personal information, please see the privacy notice on our website at www.iicsa.org.uk/privacy